

# Simcoe County District School Board

*Presents*



Pine River Institute's  
Centre for Family Initiatives  
Community Webinar Series



**Tuesday, December 7, 2021**

***Understanding addiction and risky behaviours with trauma informed practice***

How we understand addiction and addictive behaviours has evolved greatly over the years, moving away from a “medical or genetic” model to a more developmental model and recognizing its role as a coping mechanism. Shifting our lens and helping families of those who struggle with addictive behaviours is the first step towards recovery.

**Thursday, February 3, 2022**

***Working with family systems through a developmental lens***

In this webinar you will learn about Pine River’s developmental, maturity model and how to help caregivers reframe behaviours as communication, recognize the needs they express and foster resilience and connection within the family system.

**Monday, April 4, 2022**

***The Parallel Process***

Interventions and exercises to engage families in therapeutic inquiry with their children. Using tools from Pine River, clinicians will engage in experiential learning to gain awareness and understanding of how families function as a system.

*All webinars will begin at 7:00 p.m.*

**[Register here](#)**