
November 2016

Couchiching Heights

455 Laclie St N, Orillia

<http://cou.scdsb.on.ca/>

T: 705-325-9311

Principal's Message:

It is my pleasure to be joining the staff here at Couchiching Heights Public School until Christmas. I have heard terrific things about this school for a number of years, and I noticed a wonderful feeling in the building right away. I was able to watch a basketball practice my first morning and today I caught some of the morning band practice. I was very impressed with the Student Leadership Spirit Team who organized a great morning of spooky activities such as pumpkin carving, a maze in the gym, arts and crafts activities and many more. Our flag football team played their hearts out in the area tournament, losing a heartbreaker in overtime. Our cross country runners made us very proud this year with more details later in the newsletter. The bands, boy's volleyball and girl's basketball teams have started well, and Humming & Strumming is keeping our ukulele players busy. Art club is up and running and I will be joining them some Wednesdays as art is a passion of mine. As of this week, our Grab & Go Breakfast Bar is operational, with the support of parent volunteers. Please consider joining us for our Remembrance Day Assembly next week- and stay tuned for more fabulous happenings here at CHPS!

Kim Campbell

Bus cancellation information in case of inclement weather

Winter is just around the corner in Simcoe County, and with it comes the possibility of severe weather, challenging winter driving conditions and, as a result, possible bus and school event cancellations.

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation



Upcoming Events

November 15

Picture re-take day

November 7

School Council 6:30

November 11

Remembrance Day
Assembly

November 17

Evening interviews

November 18

PA/Parent Interview Day

Important Announcement

We will be starting to send home a weekly update of happenings here at school by email so please make sure your current email is up to date in the office. Please check out our website (above), our Community Facebook page- In the Know at Couchiching Heights, and our school Twitter account Couchiching Heights PS,



Consortium's bus information website www.simcoecountyschoolbus.ca. Our school is in the **North** zone. When buses are cancelled, please remember that schools are still open (unless otherwise noted) for student learning.

The Consortium, in conjunction with bus operators, will make the decision to cancel school buses before 6 a.m. and as such, will make every effort to post announcements between 6 and 7 a.m. Parents should also note that inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day.

You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions> and you can follow the Consortium on Twitter @SCSTC_SchoolBus.

Update on Progress Reports

Progress Reports will be going home November 11th. Interview request sheets will be sent home for parents. Teachers will try to accommodate as many first choices as possible and an interview time will be sent home with students closer to the time.

Thursday November 17th 3:30-7:30 PM

Friday November 18th 9:00 – 12:00

A message from the Health Unit: Updating your child's immunization record

The Simcoe Muskoka District Health Unit is required by law to keep up-to-date immunization records on file for every student who attends elementary or secondary school in Simcoe County. Parents need to provide the health unit with the updated status each time students receive a vaccine from their health care provider.

The immunization requirements for attending school have recently changed and you will need to ensure that your child's immunization status is up-to-date. Children need to have proof of immunization against meningococcal disease, whooping cough, and for those children born in 2010 or later, chicken pox, to attend school. If proof is not provided your child could be temporarily suspended from school.

Go to www.simcoemuskokahealth.org/immsonline to update your child's record, or call Health Connection at 705-721-7520 or 1-877-721-7520 (toll free).

Making homework time less stressful for all!

Children need good study habits and routines in order to be successful at homework. However, for some children, homework can be a time of stress. Sometimes children have problems with homework because of poor planning, because they don't understand the work or because they would rather be doing something else. Parents can help children develop good homework routines with preparation, encouragement and by showing an interest in the work that they are doing.

To find out more, call Health Connection at 705-721-7520 or 1-877-721-7520 and ask about the Triple P – Positive Parenting Program solutions for homework problems or visit www.tripleontario.ca.

Eye See Eye Learn program offering free eye exams, glasses for JK students

Your child may have a vision problem. Only an optometrist knows if your child sees to the best of their ability. Get them a comprehensive eye exam, which is free for children under 19 years old with their Ontario Health Card. The Eye See...Eye Learn® program offers one free pair of glasses to this year's JK students with their OHIP-covered eye exam, if prescribed by a participating optometrist. Learn more at www.EyeSeeEyeLearn.ca.

Lost-cost SnowPass for Grade 4 and 5 students

Do you have a child in Grade 4 or 5? The Canadian Ski Council offers the Grade 4 and 5 SnowPass to children across Canada, providing low-cost access to ski and snowboard hills across the country, including many in Simcoe County! Visit www.skicanada.org/grade-4-5-snowpass/ for further details.

Cross Country Season Summary

Congratulations to all 75 students who attended the Couch Cup and went on to the Orillia Cross Country Championships at Mount St Louis. Alison Smith earned a 3rd for grade 7 girls and Liam Holmes earned 3rd for grade 7 boys. We also won the 1st Place Team Banner for Grade 7 boys and our Grade 7 girls finished 2nd. The 11 students who qualified for County Championships were: Noah Stein, Carter Holmes, Isaac Harmer, Liam Holmes, Sam Trumble, Alex Absalom, Jonathon Stones, Alison Smith, Olivia Mayhew, Jessie Brown and Mandy Wilson. What a fantastic year!



Clothing reminder

Just a reminder that our students are outside twice daily in what can be unpredictable weather, so please remind them to dress for the weather- hats, gloves, rain boots etc. Also, please know that **full face hoodies/hats** must be off your child's face while they are here at school. Thanks in advance for your help with this!

Wanted!!! Reward offered for safe return!!



We are proud of our teams AND how good they look in CHPS uniforms, so it is **really important** that we have all uniforms & jerseys back at school. If you bring back a uniform, Mrs. Flosman will reward you!!