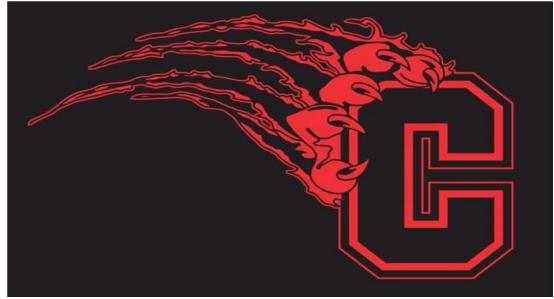


Couchiching Heights Week at a Glance



January 15th - 19th

Weekly Highlight:

The Spirit Team is starting “Winter blah-nopoly” to help us all get through the winter blahs. We will be playing the board as a school and doing fun activities depending on where our marker lands! Check out the “Winter blah-nopoly” game board by the ramp on the main hallway of the school!

Mabel Labels

It's always a great idea to label your child's clothing and other belongings each school year. Our lost and found is always overflowing. Labelling your child's clothing and personal items is a great way to make sure they get home!

Why buy Mabel's Labels?

- they are a great gift idea
- you can label the stuff your kids lose
- they are dishwasher, microwave and laundry safe

Couchiching Heights makes 20% of all sales and proceeds will be used toward reducing field trip costs for students. Simply visit: campaigns.mabelslabels.com, search for Couchiching Heights in the drop down and place your order to support our fundraiser! Thanks so much!

Monday Jan. 15th Day 2	Pizza Day School Council Meeting - 6:30-8:00 PM in the Library Intermediate Boys Basketball practice at 8am
Tuesday Jan. 16th Day 3	Junior and Intermediate Band practice at 8am
Wednesday Jan. 17th Day 4	Walking Wednesday - Walk or sled to school Intermediate Boys Basketball practice at 8am
Thursday Jan. 18th Day 5	Pita Day Intermediate Boys Basketball practice at 8am
Friday Jan. 19th Day 1	Student Leadership Assembly

School Council Updates:

Our next school council meeting is this **Monday February 5th from 6:30PM-8:00PM** in the school Library.

Family Movie Night is January 25th 6:00-8:00PM - Save the date!! Free admission. Snacks will be for sale. Stay tuned for student voting on what movie will be shown!